

Introduction

Penny Rugs were born out of the traditions of the early 1800's where people had to make do with what little they had.

From bits of wool scraps and felted wool scraps, they crafted functional items for their homes that reflected their creativity and ingenuity. A penny rug was used as a table mat most often, but translated into other decorative and useful items for the home as well as the sewing basket.

Originally, the mats that were made to protect table tops were covered with stacks of "pennies". The pennies were circular pieces of wool that were cut using the coins of the day as templates. Coins were different sizes than our modern currency.

In particular, the US penny was about 1¼" which is much larger than our current coin. The stacks of graduated size pennies were placed side by side on early mats. Both the edges of the pennies, along with the outer edge of the mat were stitched with a blanket stitch.

As time went by, the designs included appliqué work also. The inspiration for their designs often came from other sources that were familiar to them. This would include folk art of the person's ethnic community.

Quilt block patterns were the most common source of design elements. Each quilter made their wool work to reflect unique skills and tastes. It was fashioned as a useful and functional items that decorated the home. Functional items included needle books (to store your needles with thread), scissors sheaths (to protect

May you find inspiration in these patterns to bring your own unique brand of style into your home.

Care Instructions: All of the wool felt in our kits is a blend of 20-35% wool. Dry cleaning is recommended for cleaning. To press wool felt, use a steam iron on high.

Introduction

Penny Rugs were born out of the traditions of the early 1800's where people had to make do with what little they had.

From bits of wool scraps and felted wool scraps, they crafted functional items for their homes that reflected their creativity and ingenuity. A penny rug was used as a table mat most often, but translated into other decorative and useful items for the home as well as the sewing basket.

Originally, the mats that were made to protect table tops were covered with stacks of "pennies". The pennies were circular pieces of wool that were cut using the coins of the day as templates. Coins were different sizes than our modern currency.

In particular, the US penny was about 1¼" which is much larger than our current coin. The stacks of graduated size pennies were placed side by side on early mats. Both the edges of the pennies, along with the outer edge of the mat were stitched with a blanket stitch.

As time went by, the designs included appliqué work also. The inspiration for their designs often came from other sources that were familiar to them. This would include folk art of the person's ethnic community.

Quilt block patterns were the most common source of design elements. Each quilter made their wool work to reflect unique skills and tastes. It was fashioned as a useful and functional items that decorated the home. Functional items included needle books (to store your needles with thread), scissors sheaths (to protect

May you find inspiration in these patterns to bring your own unique brand of style into your home.

Care Instructions: All of the wool felt in our kits is a blend of 20-35% wool. Dry cleaning is recommended for cleaning. To press wool felt, use a steam iron on high.

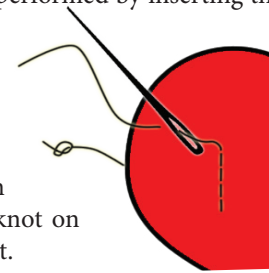
Kit Contents

Qty	Item
10	Hearts
5	Heart Stuffing
5	Floss - Lettering
5	Floss - Edging
1	Embroidery Needle

Stitches Needed

Running Stitch

The running stitch is performed by inserting the needle from the rear side of the piece through to the front. A stitch about 1/4" long is made with about a 1/16" gap. This is continued to form the letter. Tie off and knot on the back side of the heart.



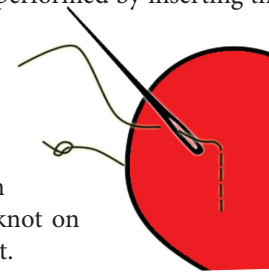
Kit Contents

Qty	Item
10	Hearts
5	Heart Stuffing
5	Floss - Lettering
5	Floss - Edging
1	Embroidery Needle

Stitches Needed

Running Stitch

The running stitch is performed by inserting the needle from the rear side of the piece through to the front. A stitch about 1/4" long is made with about a 1/16" gap. This is continued to form the letter. Tie off and knot on the back side of the heart.



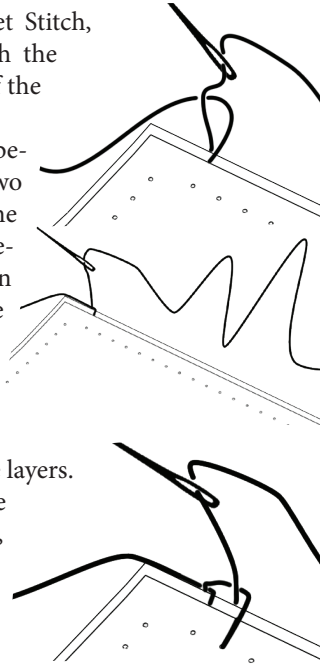
Blanket Stitch

To make a Blanket Stitch, thread a needle with the floss and knot one of the two ends of thread.

The starter stitch begins between the two layers of wool felt. The needle is inserted between two layers, then down through the bottom layer and up over the tail.

Pull the thread tight which will set the knot between the layers.

Insert the needle down into the fabric,



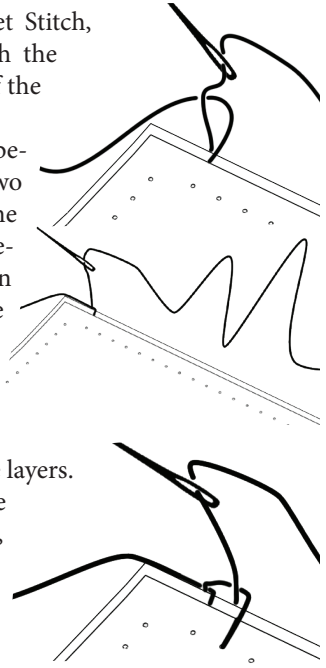
Blanket Stitch

To make a Blanket Stitch, thread a needle with the floss and knot one of the two ends of thread.

The starter stitch begins between the two layers of wool felt. The needle is inserted between two layers, then down through the bottom layer and up over the tail.

Pull the thread tight which will set the knot between the layers.

Insert the needle down into the fabric,



through both layers, and up inside the loop. Then, pull tight.

Repeat this along the edge of the fabric until you have completed the edging.

The stitching should be evenly spaced and have the loop along the seam between the two piece.

Instructions

Design Side

Prepare the front side of one candy heart. Take one of the heart shaped pieces. Using a running stitch, embroider the heart with the text of your liking. The candy hearts traditionally had sayings such as: True Love, Kiss Me, I Love You, XOXO, Be Mine, Angel, Sweet, Marry Me, Yes Dear, Cutie Pie, How Nice, Be Good, Let's Kiss, Ask Me, or a sayings of your liking.

through both layers, and up inside the loop. Then, pull tight.

Repeat this along the edge of the fabric until you have completed the edging.

The stitching should be evenly spaced and have the loop along the seam between the two piece.

Instructions

Design Side

Prepare the front side of one candy heart. Take one of the heart shaped pieces. Using a running stitch, embroider the heart with the text of your liking. The candy hearts traditionally had sayings such as: True Love, Kiss Me, I Love You, XOXO, Be Mine, Angel, Sweet, Marry Me, Yes Dear, Cutie Pie, How Nice, Be Good, Let's Kiss, Ask Me, or a sayings of your liking.

Assembly

Now that the front heart is completed, pin it to a second heart with heart stuffing placed in between. Then stitch along the outside edge of the heart binding the stuffing inside using a Blanket Stitch.

Feedback

We are always looking for ways to improve our products including these instructions.

Our company's focus is on providing Products that are "Fun with a Purpose" to help young people grow in the world around them and your ideas are always welcome.

If you have ideas, suggestions, corrections, questions, photos of a completed project, critiques, or reviews on these instructions or the kit that you would like to share with us, you can send an email to:

sales@lumenaris.com

Assembly

Now that the front heart is completed, pin it to a second heart with heart stuffing placed in between. Then stitch along the outside edge of the heart binding the stuffing inside using a Blanket Stitch.

Feedback

We are always looking for ways to improve our products including these instructions.

Our company's focus is on providing Products that are "Fun with a Purpose" to help young people grow in the world around them and your ideas are always welcome.

If you have ideas, suggestions, corrections, questions, photos of a completed project, critiques, or reviews on these instructions or the kit that you would like to share with us, you can send an email to:

sales@lumenaris.com

Candy Hearts Kit



Copyright © 2010–2024 by The Lumenaris Group, Inc. — No part of this publication may be reproduced, stored in a retrieval system or transmitted in any form or by any means, electronic, mechanical, photocopying, recording, scanning or otherwise, except as permitted under Section 107 or 108 of the 1976 United States Copyright Act, without the prior written permission of The Lumenaris Group, Inc.

The Lumenaris Group, Inc.
lumenaris.com
phone: 408-591-4034

PART NUMBER: 203.00AG
DOC ID: Candy Heart Instructions 2024-11-11 v1h



Candy Hearts Kit



Copyright © 2010–2024 by The Lumenaris Group, Inc. — No part of this publication may be reproduced, stored in a retrieval system or transmitted in any form or by any means, electronic, mechanical, photocopying, recording, scanning or otherwise, except as permitted under Section 107 or 108 of the 1976 United States Copyright Act, without the prior written permission of The Lumenaris Group, Inc.

The Lumenaris Group, Inc.
lumenaris.com
phone: 408-591-4034

PART NUMBER: 203.00AG
DOC ID: Candy Heart Instructions 2024-11-11 v1h

