

## Introduction

The Evening Primrose Mini Mat is borne out of the Penny Rugs traditions of the early 1800's.

From bits of wool scraps and felted wool scraps, they crafted functional items for their homes that reflected their creativity and ingenuity. A penny rug was used as a table mat most often, but could also be used as other decorative items for the home as well as the sewing basket.

Originally, the mats that were made to protect table tops were covered with stacks of "pennies". The pennies were circular pieces of wool that were cut using the coins of the day as templates.

As time went by, the designs included applique work also. The inspiration for these designs often came from other familiar sources. This would include folk art of the person's ethnic community.

May you find inspiration in these patterns to bring your own unique brand of style into your home.

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**Care Instructions:** All of the wool felt in our kits is a blend of 20-35% wool. Dry cleaning is recommended for cleaning. To press wool felt, use a steam iron on high.

## Kit Contents

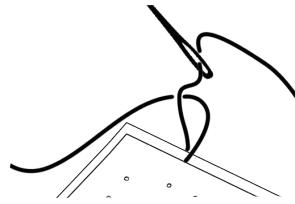
Qty	Item
4	5" Mat Base
64	Hearts - 1/2" Cream Floss, Needle, & Instructions

## Stitches Needed

### Blanket Stitch

To make a Blanket Stitch, thread a needle with the floss and knot one of the two ends of thread.

The starter stitch begins between the



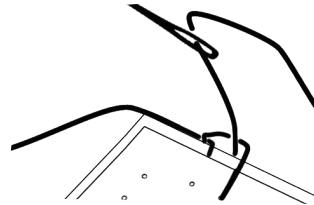
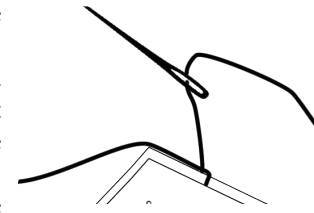
two layers of wool felt. The needle is inserted between two layers, then down through the bottom layer and up over the tail.

Pull the thread tight which will set the knot between the layers.

Insert the needle down into the fabric, through both layers, and up inside the loop. Then, pull tight.

Repeat this along the edge of the fabric until you have completed the edging.

The stitching should be evenly spaced and have the loop along the seam between the two



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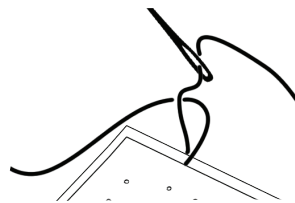
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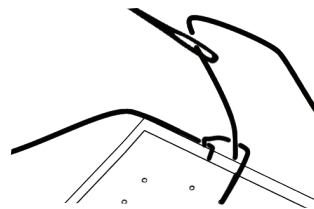
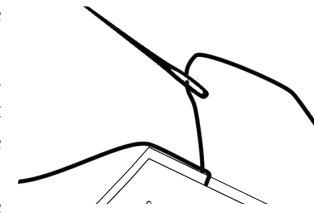
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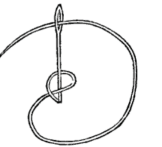
## Chain Stitch

Insert needle from rear side into the front. Then reinsert it as shown a short distance away with the loop under the needle. Pull tight to form the first link and repeat.



## French Knot

The French knot has the thread wrap around the needle 1 or more times before going back through the felt. I like to wrap the thread 3, 4, or 5 turns around the needle before going through the knot which makes a nice and thick knot.



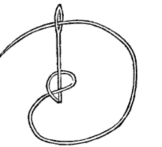
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## Instructions

The Evening Primrose Mat has blossoms that are sewn together and splayed out to create the flower. The flowers are then attached to the top layer of the mat. The bottom mat layer is then blanket stitched to the top to hide the stitching and knots of the blossoms.

### Flower:

Each blossom is formed with four hearts. Depending on your kit, you should choose red floss for cream colored flowers and cream floss for all flower colors. Using the floss for your color flower, bring the needle through to the top side of the base in the center of the lobe. String each heart by folding the heart in half and inserting the needle through the heart  $\frac{1}{8}$ " from the tip. Repeat putting all 4 hearts on the needle. Pull the hearts down to the mat, fan them out, and go back through the mat base near the center of the blossom. Adjust the petals as needed to form the blossom.

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Without cutting the floss, add the three "birds foot" lines to each petal as shown in the picture, anchoring each petal to the mat. Cut and tie off.

Optionally, add three yellow French Knots to the blossom as shown.

Repeat for each blossom.

### Vines

Using green floss, chain stitch add decorative vines out of each blossom. This is a place where you can demonstrate your creativeness in the curlyness and placement of the vines.

### Assembly

Pin the 2nd base layer behind the first. The floss you should use is cream the pink mat, green for the mats using mulberry or blue flowers, and blue floss for the mats with blue flowers. Blanket Stitch using the selected floss along the outside edge of the mat.

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## Feedback

If you have ideas, suggestions, corrections, questions, photos of a completed project, critiques, or reviews on these instructions or the kit that you would like to share with us, you can send an email to:

[sales@lumenaris.com](mailto:sales@lumenaris.com)

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The Lumenaris Group, Inc.  
[lumenaris.com](http://lumenaris.com)  
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**PART NUMBER:** 203.0180 to 203.0183

**DOC ID:** Evening Primrose Mini Mat Instructions 2024-11-08 v1e



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